

Londer Family Chiropractic Center  
Dr. Irene Dubinsky Londer  
3000 Valley Forge Circle, Suite G-12  
King of Prussia, Pa 19406  
610-783-1311

## Health Questionnaire

### Patient Information

Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

List all prescription, non prescription medications and other supplements you take as well as the associated condition: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

List any surgeries or hospitalizations you have had complete with the month and year for each: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

List anything you are allergic to: \_\_\_\_\_

\_\_\_\_\_

Family History (list all major diseases such as cancer, diabetes, heart problems, bone/joint diseases and the relation to you of the individual):

\_\_\_\_\_  
\_\_\_\_\_

Do you exercise?  Yes  No Hours per week \_\_\_\_\_ What activity(s)? \_\_\_\_\_

\_\_\_\_\_

Are you dieting?  Yes  No Since: \_\_\_\_\_ Do you smoke?  Yes  No \_\_\_\_\_ packs per day.

How many years have you been smoking? \_\_\_\_\_ Do you drink alcoholic beverages?  Yes  No \_\_\_\_\_ drinks per day.

Do you wear?  Heel lifts  Arch supports  Prescription Orthotics

For women: Are you pregnant or nursing?  Yes  No If pregnant, How many weeks? \_\_\_\_\_

Date of last menstrual period: \_\_\_\_\_

**Page 2 Health Questionnaire**

**Patient name/date** \_\_\_\_\_ -

**Description of Symptoms/Complaints**

Describe the reason(s) for your doctor visit today: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Are you here because of an accident?  What type? \_\_\_\_\_

When did your symptoms start? \_\_\_\_\_ How did your symptoms begin?

\_\_\_\_\_

How often do you experience symptoms? (Circle one)    Constantly    Frequently    Occasionally    Intermittently

Describe your symptoms? (circle all that apply)    Sharp    Dull ache    Numbing    Burning    Tingling  
Shooting

Are your symptoms? (Circle one)    Getting better    Staying the same    Getting worse

How do your symptoms interfere with your work or normal activities? \_\_\_\_\_

\_\_\_\_\_

Have you experienced these symptoms in the past? \_\_\_\_\_

\_\_\_\_\_

**History of Treatment**

Primary care physician: \_\_\_\_\_ Phone: \_\_\_\_\_

Date last seen: \_\_\_\_\_ May we update them on your condition?  Yes  No

Have you seen a chiropractor before?  Yes  No    Who referred you to us? \_\_\_\_\_

Have you seen another doctor for these symptoms? If yes, indicate name and type of medical provider: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

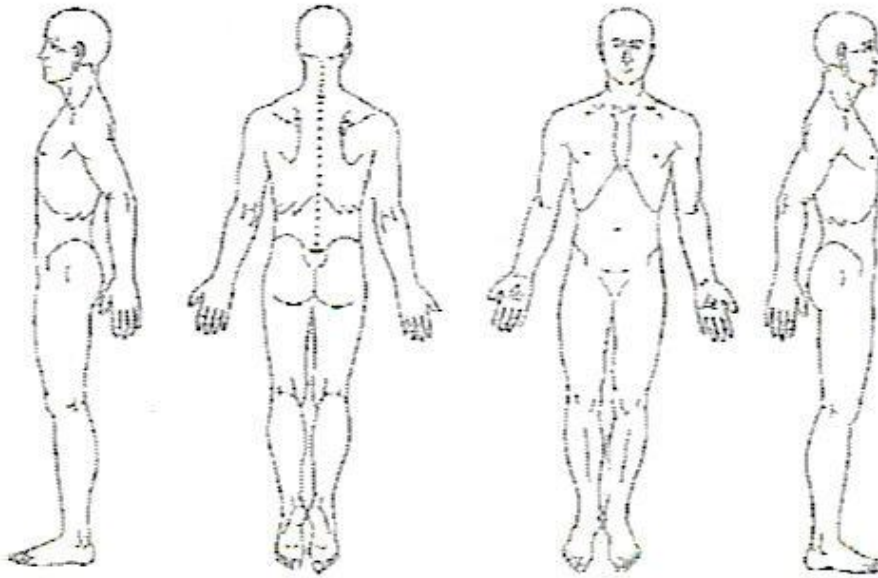
# Page 3 Health Questionnaire

Patient name/date \_\_\_\_\_

## Description of Condition

Mark any area(s) of discomfort with the following key:

A =Ache N =Numbness B = Burning T = Tingling S = Stiffness O = Other



Left

Back

Front

Right

On a scale of one to ten how intense are your symptoms? Not intense ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩ Unbearable

**For the conditions below please indicate if you have had the condition in the past or if you presently have the condition.**

| Past                  | Present               | Condition                 | Past                  | Present               | Condition            | Past                  | Present               | Condition                   |
|-----------------------|-----------------------|---------------------------|-----------------------|-----------------------|----------------------|-----------------------|-----------------------|-----------------------------|
| <input type="radio"/> | <input type="radio"/> | Abdominal Pain            | <input type="radio"/> | <input type="radio"/> | Elbow/upper arm pain | <input type="radio"/> | <input type="radio"/> | Liver/Gall Bladder Disorder |
| <input type="radio"/> | <input type="radio"/> | Abnormal Weight gain/loss | <input type="radio"/> | <input type="radio"/> | Epilepsy             | <input type="radio"/> | <input type="radio"/> | Loss of Bladder Control     |
| <input type="radio"/> | <input type="radio"/> | Allergies Headache        | <input type="radio"/> | <input type="radio"/> | Excessive thirst     | <input type="radio"/> | <input type="radio"/> | Low back pain               |

Angina   Frequent Urination   Mid back pain

Ankle/foot pain   General Fatigue   Neck pain

**Past Present Condition Past Present Condition Past Present Condition**

Arthritis   Hand pain   Painful Urination

Asthma   Heart attack   Prostate Problems

Bladder Infection   Hepatitis   Shoulder pain

Birth Control Pills   High blood pressure   Smoking/tobacco Use

Cancer   Hip/upper leg pain   Stroke

Chest Pains   HIV/AIDS   Systematic Lupus

Chronic Sinusitis   Hormone Therapy   Thoracic Outlet Syndrome

Depression   Jaw pain   Tumor

Dermatitis/Eczema   Joint swelling/stiffness   Ulcer

Dizziness   Kidney Stones   Upper back pain

Drug/Alcohol Use   Knee/lower leg pain   Wrist pain

**Additional comments you would like the doctor to know:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Patient's signature:** \_\_\_\_\_ **Doctor's signature:** \_\_\_\_\_